

# Take Action!

An employer resource provided by

**GVFTransportation**  
Creating Partnerships Since 1980

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## Check out the recently revised Phillytraffic.com!

If you're a commuter looking to save your money on ever rising gas prices by carpooling, see how backed up your route is into work or find out exactly how much your commute is costing you, look no further than **phillytraffic.com**.

Phillytraffic.com has been updated recently and features a variety of tools including information about carpooling opportunities, park and ride lots, a commute cost calculator and construction projects

throughout the Delaware Valley. You can even check out the traffic cameras to see live pictures of how the area's major highways are looking before you head out.

Another feature of the site are maps and instructions for emergency detours for the Bucks, Chester, Montgomery and Philadelphia Counties. This information is important during emergencies, detour or construction projects.

You can also sign up for a weekly email that is sent

**PHILLY  
.COM  
TRAFFIC**

every Sunday and will give you important information for upcoming projects or delays on the roads you travel most.

Log on today and find simple ways to reduce your time and money spent on commuting!



### Spotlight on... Philadelphia Unemployment Project

The Philadelphia Unemployment Project (PUP), one of GVF Transportation's newest partners, works to help the poor and unemployed and fight for economic justice. PUP also manages the Commuter Options Program.



### Philadelphia Unemployment Project



This program provides services to Philadelphians who commute to the suburbs for work, and provide carpoolers with gas and cars at low cost. This past March, the Commuter Options program celebrated two years of operations, and currently operates 28 car and vanpools.

If you think anyone in your company can utilize these carpool services, contact the Philadelphia Unemployment Project at 215-557-0822 or visit [www.philaup.org](http://www.philaup.org).

## How Can We Help?



As the leader in transportation management issues for the greater Valley Forge area and its surrounding communities, GVF Transportation is always looking for new and innovative ways to increase transportation options for commuters and decrease harmful emissions throughout the area.

As the price of gas continues to rise, we would like to help you explore alternate means of transportation for you and your employees. Whether its hosting an expo for your employees about alternate transportation options, managing a company shuttle or surveying your employees about their level of interest in carpooling with co-workers, GVF Transportation can help make commuting easier on everyone.

Please let us know how we can help! Both Maureen Farrell (Manager of Operations) and Carissa Pleiss (Project Coordinator) will be working closely with our corporate partners, and welcome the opportunity to assist you in any way possible with your transportation needs.

If you're interested in finding out more about GVF Transportation and the services we offer, contact Maureen Farrell ([mfarrell@gvftma.com](mailto:mfarrell@gvftma.com)) or Carissa Pleiss ([cpleiss@gvftma.com](mailto:cpleiss@gvftma.com)) at 610-354-8899. We look forward to partnering with you!

## Did you know?

**Since the price of gas began its upward climb and hasn't stopped, carpooling has been making headlines in local and national news headlines.**

**In case you need an extra push to start carpooling, here are a few interesting facts:**

- Commuters driving 20 miles each way to work contribute 1.69 pounds of pollutants to the atmosphere each day. That is 405.6 pounds of hydrocarbons, carbon monoxide and nitrogen oxides each year.
- If 100 people pair up into daily carpools they would keep 1,848 pounds of hydrocarbons, 1,320 pounds of carbon monoxide, 792 pounds of nitrogen oxides, and 2,376,000 pounds of carbon dioxide from entering the atmosphere each year. They would also save 12,000 gallons of gasoline.

• The Los Angeles area has the highest carpooling rate in the nation.

• Every day carpoolers in southern California keep 134 tons of pollutants from entering the air.

Log onto [www.share-a-ride.org](http://www.share-a-ride.org) to sign up for our carpool database. We will try to match you with others in your area who travel the same route as you!



## GVF Transportation Web site now featuring RSS Feed

You can now receive automatic updates featured on the GVF Transportation Web site through our new RSS feed.

RSS feeds contain frequently updated content published by a website. They are usually used for news Web sites, but are also used for distributing other types of digital content, including pictures, audio or video.

To sign up for the GVF Transportation feed, simply log onto [www.gvftma.com](http://www.gvftma.com) and click on the orange RSS feed link at the bottom of the homepage.

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